

October 2022

JUDOKA BULLETIN

Kettering Rec Center Judo Club



WHAT'S NEW

ADDED MATS: Sensei Treadwell and Sensei Couch took a trip up north to replace 3 of our green mats and add 5 red mats. The result gives students more space and two distinct areas to practice!

NO CLASS: There will be **NO CLASS** on **Halloween October 31, 2022.**

JUDO TERM OF THE MONTH

MIGI: Right

EXAMPLE:

MIGI ASHI means
Right Foot



SPOTLIGHT

PROMOTIONS: Rory, Paxton, and Elijah have
obtained their Yellow Belt!



EVENTS

DEMO: Upcoming demonstration at **Mosaic Church in Beavercreek** on **November 05**
11AM - Noon

TESTING: Ongoing Testing occurring during class

See Sensei Steve if you would like to borrow vocabulary flash cards for your next rank

CLINICS: KRC Judo Club Developmental Shiai, Referee and Rules Clinic at **Kettering Rec Center** on **October 22nd** [11 AM - 4 pm]

JUDO HISTORY FACT OF THE MONTH



Dr. Jigoro
Kano
FOUNDER OF JUDO

Judo was created from
Jiu Jitsu in Tokyo, Japan
in 1882 when the
Kodokan was founded.

SHIAI - UPCOMING TOURNAMENTS AND COMPETITIONS

Glass City Invitational | Sat Oct 15th, 2022 | Rossford, Ohio

KRC Developmental Shiai | Sat Oct 22nd, 2022 | Kettering, Ohio

2022 Great Lakes Open | Sat Nov 5th, 2022 | Grand Rapids, Michigan

Arnold BOC Judo Championship | Sun Mar 5th, 2023 | Columbus, Ohio



KRC SHIAI
10.22.22

<div>JUDO SPOTLIGHT</div> <div>Russ Scherer</div>	<div>USEFUL LINKS AND INFO:</div>		
			<div>INSTRUCTOR:</div> <div>RUSS SCHERER ROKUDAN</div>
			<div>ASSISTANT INSTRUCTORS:</div> <div>LAURA SUZUKI SANDAN</div> <div>DOMINIC BACKOWSKI SHODAN</div> <div>BRIAN DONOVAN SHODAN</div> <div>ERIC TREADWELL NIKYU</div> <div>STEVE COUCH SANKYU</div>
	<div>KRC JUDO CLUB</div> <div>Kettering Rec Center</div> <div>2900 Glengarry Drive</div> <div>Kettering, Ohio 45420</div>		
<div>Promotion Information Links:</div> <div></div>			